

TRANSKRYPCJA NAGRAŃ

Zadanie 1.

One

Outdoor gyms provide an opportunity to work out for those who cannot afford regular gyms and fitness equipment. I do love it when money is invested in getting people outdoors, but many will not use such equipment correctly because at outdoor gyms there are no professionals to show you how to use the equipment. I believe public funds could be spent in a better way. To my mind, more money should be put into getting people fit through gym subscriptions or personal trainers. I've been training clients for 15 years, and I believe that outdoor gyms can't replace sessions in regular gyms, where you're shown what to do.

Na podstawie: www.irishtimes.com

Two

In a popular video game the main character can get into any locked car at any time. Well, this concept has inspired a group of New York artists to create an unusual project. They are selling specially designed keys for \$20 each, which all unlock the same car. However, the location of the car is a mystery. To find the car, people who buy the keys can call a hotline which gives clues on the car's current whereabouts in New York City. When a key holder approaches the mystery car, a green LED light on the key turns on. The specific appearance and model of the vehicle have not been revealed, but it's thought to be a popular, turbo-powered classic. If you find the car, it's yours to drive, at least for a while. But you are not its owner, you are only a temporary user. One thing is certain: sooner or later another key holder will claim it from you.

Na podstawie: highxtar.com; hypebeast.com

Three

Today, my guest is Ben Jones, a shipwreck hunter and a former detective. Ben, tell us how your experience as a police investigator relates to your present occupation.

Old sunken ships are in some ways like crime scenes. You need to examine the clues you find on the seabed. Then you put the elements together to reconstruct the circumstances that led to a disaster. In many ways, I'm still a detective, but my investigations take place underwater. My previous experience in documenting crime scenes has turned out to be a great asset. What I miss is the possibility of conducting an interrogation, for example when a witness unexpectedly reveals some valuable information. With historic shipwrecks, there's nobody to tell you what really happened. A key thing police investigation has in common with shipwreck hunting these days is that it can't be done without high-tech. You need sophisticated equipment to find sunken ships.

What about the most memorable shipwreck hunt you've been on?

It is hard to pick the most memorable one because I've been very lucky in having led quite a few remarkable searches. I will always remember the *Lucona* because it was my first major search. However, the most exciting moment was when we discovered the wreck of *HMAS Sydney* off the coast of Western Australia in March 2008. Not many people gave us a chance of ever finding it as they likened the search to a "needle in a thousand haystacks". When the wreck popped up on our computer screens, after only 68 hours of searching, we all went a bit crazy jumping around like little children on Christmas morning! It was the single most exhilarating moment in my career.

Why do you think shipwreck hunting is so appealing?

For me, personally, being the first to see the wreck of a ship which sank decades or centuries ago is a reward in itself. But for many shipwreck divers the most exciting part is the opportunity to collect different artefacts, especially from military ships. One famous shipwreck is the *USS San Diego*, which sank off the coast of Long Island in 1918. In 1962 the US Navy sold it to a company which planned to collect metal from the wreck for recycling, but local organizations fought against this and the project was eventually abandoned. For 40 years divers explored and recovered artefacts from the shipwreck, making it one of the most popular dive locations in the USA. However, in 2006 it was listed on the National Register of Historic Places and it became illegal to collect artefacts there.

And the last question: Is there anything else you would like to share that would be of interest to young people?

I'm sure you've learned in your geography lessons that 70 per cent of our planet is covered by water, but most people don't realize that 80 per cent of this remains unexplored. In other words, there are tons of crazy things hidden in the deep, still waiting to be found. Surprising geological formations, entire cities and treasures. Have I stirred your imagination? An estimated three million shipwrecks lie at the bottom of the sea. Each of them has its own unique story. Perhaps one of them is waiting for you to discover.

Na podstawie: disasters-shipwrecks.blogspot.com; www.uw360asia.com; www.tdisdi.com

Zadanie 2.

One

In my previous job I was bothered by the bright office lights. I would often wear a hat or sunglasses in my workspace. Sometimes, I even taped a piece of paper to the top of my head so it would stick out in front of me and block out the light. Then, one day, the manager brought in a huge screen which looked like the side of a tent. When it was being set up, my colleagues made remarks like, "Are you going camping?" We all had a good laugh, but it turned out to be a really brilliant idea.

Na podstawie: highlysensitiveperson.net

Two

Our office has recently moved. The former location was very convenient, with a subway stop just next door. The current location is much worse, because public transport in the area is limited. Now it takes me up to an hour and 15 minutes to get to work, while it used to take me only about 40 minutes. I talked to my managers about the new commute, and they approved a change in my schedule. Now they let me begin work half an hour later, so I can avoid the worst of the rush hour. But I must say, it only partly works for me. I'm still spending a lot of extra time commuting, and of course I finish work later. Every day convinces me that this cannot be a long-term arrangement.

Na podstawie: www.askamanager.org

Three

If you hate the lights in your office, you're not alone. A recent study conducted by the American Society of Interior Designers shows that 68% of employees are dissatisfied with their office lighting. That's a large percentage of people. And it's not a question of personal taste. It's a practical daily issue. Too often, this aspect of office design does not receive the attention it deserves. As a result, office workers often bring in their own table lamps. It's no secret that bad lighting can strain your eyes, cause headaches or lack of focus and result in lower productivity.

Na podstawie: www.inc.com

Four

I work in an open-plan office. We have an unofficial agreement that when people put on their headphones they are not to be interrupted, because they are trying to concentrate. This arrangement is respected by nearly everyone. But one manager often ignores it and shocks people by waving his hand in front of their faces. This is just ridiculous and so inconsiderate towards others. As a manager he is supposed to ensure good working conditions, but he doesn't care that his behaviour is really bothersome and has a negative influence on our effectiveness at work.

Na podstawie: www.reddit.com

Five

There is someone at work who was always bringing in strong-smelling food for lunch and heating it up in the microwave. A number of clients who came to our office commented on the smell and I also made a complaint about it. Most of my colleagues felt annoyed as well. They kept saying that the smell affected their concentration. I suggested that some kind of policy should be introduced and, thankfully, it was. The ventilation system was also improved.

Na podstawie: www.askamanager.org

Zadanie 3.

It's my great pleasure to welcome you to the University Library. When you're visiting the library, there are a number of rules you need to be aware of.

First of all, there are two different types of study zones in the library building, which are marked red or green. Red zones are meant for individual silent study. You should avoid making any noise which might disturb those who are studying there. Phones don't have to be switched off, but you must put them into silent mode. Green zones have more relaxed rules. Students can work in groups, talk to friends and make phone calls. However, please always try to keep your conversations quiet.

Another library rule relates to food and drink. You should be aware that no food is permitted inside the library apart from the common room, which is situated in front of the library security gate next to reception. Anyone found eating beyond the library security gate will be asked to leave or throw their food away. Drinks may be consumed throughout the building as long as they are in cups or bottles with lids which prevent spilling.

And now, the part you've all been waiting for, how to get your library card. It's recommended that you order your library card in advance by filling in the application form on our website. Remember to do this no later than a week ahead of your first visit so that we can process your application. To collect your card, you will need to come to the library in person and show your ID. You can also fill in the appropriate application form at the reception desk, but be prepared to wait. The application process can take up to 30 minutes.

Last but not least, the library offers limited locker facilities. The lockers are useful if you have borrowed quite a few books and don't want to carry them around the campus. Please remember that the lockers are only for books which you have checked out from our library. There is a small fee for the use of a locker, but for students with disabilities there is no charge. The lockers are assigned through an online booking system on a first-come-first-served basis. They can be found on every floor of the library.

Now, I think I've covered all the important points. Please remember that our friendly library staff are always ready to assist you.

Na podstawie: www.lse.ac.uk